

**FAMILY IS THE MOST  
IMPORTANT VALUE A  
FILIPINO TREASURES**

**FILIPINO FAMILY**

**EXTENDED FAMILY**

# THE FILIPINO SOLDIER

- SERVICE TO COUNTRY AND THE FILIPINO PEOPLE TAKES TOP PRIORITY
- RELATIONSHIP WITH WIFE AND CHILDREN IS A POOR SECOND
- THE FILIPINO SOLDIER EXPECTS HIS WIFE TO TAKE CARE OF THE HOME

# THE FILIPINO SOLDIER

- Majority come from poor families
- Little time to play, household chores
- Earn a living early in life
- Self supporting from high school
- Disciplined, Industrious
- Motivated, Direction in life
- Physical, verbal and emotional abuse

# THE FAMILY LIFE CYCLE STAGES

- LIVING HOME
- JOINING OF FAMILIES : THE NEW COUPLE
- FAMILIES WITH YOUNG CHILDREN
- FAMILIES WITH ADOLESCENT
- LAUNCHING CHILDREN AND MOVING ON
- FAMILIES IN LATER LIFE

# SYSTEMS THEORY

## 3 Basic Components:

1. **Parts**—the individual members
2. **Connection between the parts**—relationships
3. **Setting**—environment in which the system is set

# FAMILY SYSTEM

Components **interact** with one another

**System is larger** than the sum of its interdependent parts

# LIVING HOME

- BEST FRIENDS ARE FAMILY MEMBERS
- Entered the PMA at the age of 17
- Values from my family of origin –
  - ✓ Close family ties
  - ✓ Integrity and discipline
  - ✓ Obedience and respect for elders
  - ✓ Education



# THE JOINING OF FAMILIES THROUGH MARRIAGE: THE NEW COUPLE

- Married Celia in 1972
- A VERY SOCIABLE FAMILY
- Values of from her Family of origin –
  - ✓ Strong faith and prayerful
  - ✓ Education
  - ✓ Respect for elders
  - ✓ Close family ties

# WHAT KIND OF FAMILY?

- Extended family
- Single parent family
- Husband and wife working
- Some consider their pets (my dog/cat/bird) as family

# STRESSORS THE NEW COUPLE EXPERIENCES

- ONE IS MALE AND THE OTHER IS FEMALE
- DIFFERENT VALUES FROM FAMILY OF ORIGIN
- VERTICAL STRESSORS
- HORIZONTAL STRESSORS

# VERTICAL STRESSORS: FROM THE ENVIRONMENT

- POLITICAL SYSTEM
- PEACE AND ORDER
- ECONOMIC SYSTEM
- CULTURE
- TECHNOLOGY

# HORIZONTAL STRESSORS

- THE FAMILY LIFE CYCLE STAGES
- MIGRATION
- PASSING AWAY OF FAMILY MEMBERS
- HEALTH
- FINANCES
- RELATIONSHIPS - SYSTEMS

# FAMILIES WITH YOUNG CHILDREN

- Adjusting marital system to make space for children
- Joining in child-rearing
- Finances
- Single parent
- Joining church activities

# FAMILIES WITH ADOLESCENT

- Relationships to permit adolescent to move in and out of system
- Single parent
- Joining a charismatic community as a couple

# LAUNCHING CHILDREN AND MOVING ON

- Renegotiation of marital system
- Adult to adult relationships
- Relationships with in-laws and grandchildren
- Disabilities and death of parents



# FAMILIES IN LATER LIFE

- 40<sup>th</sup> wedding anniversary
- Celia is still teaching
- Celia authored a book
- Retired early, second job
- I studied
- Illnesses